



Sukhasiddhi Foundation

Dharma Training Program Application

Thank you for your interest in the Dharma Training Program. To apply for the program, please:

1. Prepare an application paper with your contact information and answers to the 9 questions below.
2. Email your application paper to admin@sukhasiddhi.org (or mail to Sukhasiddhi Foundation, PO Box 151327, San Rafael, CA 94915).
3. We will contact you within 2 weeks to advise you of your acceptance into the program.

Please note: Vajrayana tantric practice is designed to bring up many deeply held thoughts and emotions. To keep the participant safe, we are obligated to ask personal questions in the application process. All information will be kept strictly confidential and only be used for interview purposes.

The Application Questions:

1. Contact Information: please provide your name, address, phone number and email. Let us know the best times and methods to contact you.
2. What has motivated your interest in the Dharma Training Program? What would you like to accomplish through the program?
3. Please provide a brief description of your spiritual practice and/or self-development background.
4. Do you have any ongoing commitments to other teachers, programs, lineages or traditions?
5. Do you currently have a daily meditation practice? How consistently are you able to do your daily practice?
6. Have you had or are you working with a therapist or counselor?
7. Have you been hospitalized for a psychiatric condition (if so, where and when)? Are you currently taking psychotropic medications?
8. Please provide information on any medical conditions, medications or health issues which could affect your ability to participate in the program sessions or daily meditation practice.
9. Are there any other issues or conditions that you think it would be helpful for us to know?

Thank you very much! We look forward to your participation.
If you have any question, please email admin@sukhasiddhi.org.